

Resident Athlete Program Application Form

Applicant Information

Athlete Name:	Male_	Female
Address:		
City:	State:	Zip Code:
Phone:E-Mail	Address:	
Date of Birth:		
*NOTE: Minors accepted to the Resident Athlete Vista Elite Athlete Training Center beyond their pown living arrangements off campus and must have activities outside of training hours. USA Archery for minors in the program.	period of tryout. Any minor accepted to vea legal guardian who will be respons	o the program must arrange their ible for supervising any and all
USA Archery Member Number:	<u> </u>	
Date available to begin an RA program trye	out:	
U.S. Center for SafeSport training complet	ion date:	
Current USAA Background Screen comple	etion date:	
Note: All athletes ages 18+ are required to for SafeSport training.	complete a USAA background	und screen and U.S. Center
U.S. Citizenship		
Are you a U.S. Citizen?Yes		
No, but I am eligible to compete for proof.	USA Archery per World Ar	chery rules and can provide
Personal Coach/Club Information		
Coach Name:		
Coach Phone:		
Coach Email: _		
Club Name:		



Athlete Training Information

1. Does your personal coach teach the National Training	System?Yes	No
2. How often do you meet with your personal coach?	Per week	Per Month
3. What is your training schedule?		
Number of training days per week		
Number of training hours per day		
Average Number of arrows shot per week		

Minimum Qualifying Score (MQS)

The Minimum Qualifying Score (MQS) must be achieved in the last 12 months. The score must be obtained at any United States Archery Team (USAT) or USA Archery sanctioned events listed as State, Regional or National or at a World Archery sanctioned event. Proof of obtaining the MQS must be submitted with your application via a link to a website of published scores, a copy of the published results, or a copy of a signed score card.

Age Class	72 Arrow Round MQS
Senior	620 Men / 610 Women
U21	620 Men / 610 Women
U18	620 Men / 610 Women



Please list your MQS score(s) below as well as your age class, arrow round, date and location of the achievement.

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International Tournament Results

List any international tournaments you qualified for in the year the application is being submitted:
☐World Cup 1 ☐World Cup 2 ☐World Cup 3 ☐World Cup 4
World Cup Final
World Championships
Pan Am Championships or Games
Olympic or Paralympic Games
Other
<u>Exercise</u>
Please indicate below any physical training you practice regularly:
CardioYesNo
RunBicycleRowSwim Other
Frequency of Exercise (days per week):
Length of Each SessionDistance
Weight TrainingYesNo
How often (days per week):
Length of Each Session



Determination and Commitment

Explain why you want to apply for the Resident Athlete Program and why you should be selected for a position (use additional pages if needed):		

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Please submit your completed application to highperformance@usarchery.org