



## Resident Athlete Program Application Form

Please complete the following application and submit to USA Archery's High-Performance Manager at [lmalavasi@usarchery.org](mailto:lmalavasi@usarchery.org).

### **Applicant Information**

Applicant Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

\*NOTE: Minors in the Resident Athlete Program – RAs under age 18 will not be granted housing inside the Chula Vista Elite Athlete Training Center. Any minor accepted to the program must arrange their own living arrangements off campus and must have a legal guardian who will be responsible for supervising any and all activities outside of training hours. USA Archery is not responsible for funding off campus housing or any other expenses for minors in the program.

USA Archery Member Number: \_\_\_\_\_

Date available to begin RA program: \_\_\_\_\_

Current U.S. Center for SafeSport training completion date: \_\_\_\_\_

Minors: Parental Consent is required for minors prior to completing SafeSport training.

Current USAA Background Screen completion date: \_\_\_\_\_

Minors will be required to complete a background screening when they turn age 18.

### **U.S. Citizenship**

Are you a U.S. Citizen?

\_\_\_\_\_ Yes

\_\_\_\_\_ No (Application is not authorized) – **DO NOT SUBMIT APPLICATION**

### **Personal Coach/Club Information**

Coach Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

Coach Email: \_

Club Name: \_\_\_\_\_



### **Training Information**

1. Does your personal coach teach the National Training System? \_\_\_\_\_ Yes    \_\_\_\_\_ No
2. How often do you meet with your personal coach? \_\_\_\_\_ Per week \_\_\_\_\_ Per Month
3. What is your training schedule?
  - Number of days per week \_\_\_\_\_
  - Number of hours per day \_\_\_\_\_
  - Average Number of arrows shot per training session:
    - Blank Bale \_\_\_\_\_
    - At distance \_\_\_\_\_

### **Minimum Qualifying Score (MQS)**

The Minimum Qualifying Score (MQS) must be achieved in the year of application submission. Please attach proof of achieving MQS with application. If scorecard is unavailable, attach the posted score from the website or a photo of the applicable scorecard.



| <b>RA Senior Recurve MQS</b> |                       |                     |
|------------------------------|-----------------------|---------------------|
| Division                     | 144 Arrow Round MQS   | 72 Arrow Round MQS  |
| Senior                       | 1250 Men / 1240 Women | 620 Men / 610 Women |
| Junior                       | 1250 Men / 1240 Women | 620 Men / 610 Women |
| Cadet<br>(60M)               | 1250 Men / 1240 Women | 620 Men / 610 Women |

**Please list your MQS score(s) below as well as your division, arrow round, date and location of the achievement.**

Division: \_\_\_\_\_

MQS: \_\_\_\_\_

Arrow Round: \_\_\_\_\_

Tournament Name and Location \_\_\_\_\_

Date MQS Achieved: \_\_\_\_\_

### **National Ranking System Placement**

USA Archery utilizes the National Ranking System (NRS) for the purpose of selecting USA Archery member athletes to the United States Archery Team (USAT), and to select athletes to represent the U.S. at certain international events. For the Resident Athlete Program Application, you must be ranked in the top 16 of the NRS of the application year.

Please list your current NRS Ranking: \_\_\_\_\_

### **Invitees**

Athletes who are not ranked in the top 16 of the NRS or who have not met the MQS but show potential for making a future Olympic Team may be invited to the Resident Athlete Program at the discretion of the USA Archery National Head Coaching staff on a trial basis. In this case, athletes should list their current NRS and MQS scores.



### **Tournament Results**

List the results of any national outdoor tournaments you attended in the year the application is being submitted.

|                                   | <b>72 Arrow Round Score</b>  | <b>Final Placement</b> |
|-----------------------------------|------------------------------|------------------------|
| Arizona Cup                       | _____                        | _____                  |
| Gator Cup                         | _____                        | _____                  |
| SoCal Showdown                    | _____                        | _____                  |
| Texas Shootout or Buckeye Classic | _____                        | _____                  |
|                                   | <b>144 Arrow Round Score</b> | <b>Final Placement</b> |
| National Target Championships     | _____                        | _____                  |

### **International Tournament Results**

List any international tournaments you qualified for in the year the application is being submitted:

World Cup 1  World Cup 2  World Cup 3  World Cup 4

World Cup Final

World Championships

Other \_\_\_\_\_

### **Exercise**

Type of physical fitness you practice regularly:

Cardio \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_



