



U.S. Department of Veterans Affairs

Veterans Health Administration

Office of National Veterans

Sports Programs & Special Events

FY2023 VA Monthly Training Allowance Rates

Good Afternoon,

The VA Monthly Training Allowance rates have been published for Fiscal Year (FY) 2023 (1 October 2022 – 30 September 2023) and reflect a 7.87 percent Consumer Price Index (CPI) increase. Therefore, the VA Monthly Training Allowance payments occurring in October had the FY 2022 rates since they reflect payments for September 2022 or earlier. For the VA Monthly Training Allowance payments that will occur in November, these will be for certified participation in October 2022 and reflect the new FY 2023 rates.

The breakdown of the FY 2022 rates and the new FY 2023 rates follow:

DEPENDENTS	FY 2022	FY 2023
None	\$670.77	\$732.56
One	\$832.03	\$897.51
Two	\$980.49	\$1,057.65
Three	\$1,051.94	\$1,134.72
Four	\$1,123.39	\$1,211.79
Five	\$1,194.84	\$1,288.86
Six	\$1,266.29	\$1,365.93
Seven	\$1,337.74	\$1,443.00
Each Additional	\$71.45	\$77.07