

# Regional Elite Development Program

## **Applicant Form**

The Regional Elite Development (RED) Program consists of 12 select promising recurve male and female archers ages 13-17 per gender in each of six regions of the U.S. USA Archery will begin accepting applications for the RED Program following the final United States Archery Team (USAT) event of the calender year. Priority will be given to individuals appointed to Cadet USAT for the following year. Individuals who do not make Cadet USAT but are committed to a program of preparation to make a future USAT and desire to represent the United States on future international teams are encouraged to apply to the RED Program.

The following information describes the process that is used to select RED Program members and should be used to aid archers, parents and coaches as they consider applying for the RED Program.

**Minimum Criteria:** Applicants must meet the following minimum criteria to be considered for the RED program:

- 1. Be a member of USA Archery and a U.S. Citizen.
- 2. Be a minimum of 13 years of age and a maximum of 17 years of age at the time of the camp. Archers 14 years of age and younger (unaccompanied minor as defined by airlines) will require a parent or designated representative to accompany them to the camp; RED Program staff will not accept unaccompanied minors at the airport.
- 3. Complete and submit the RED Program Membership Application form (including signatures from the archer and parent/legal guardian).
- 4. Obtain a minimum qualifying score (MQS) in the last 12 months. These scores may be obtained at any United States Archery Team (USAT) or USA Archery sanctioned events listed as State<sup>1</sup>, Regional or National. You may also obtain the MQS at a World Archery Sanctioned event. Proof of obtaining the MQS must be submitted with your application via a link to a website of published scores, a copy of the published results, or a copy of a signed score card. Applicants will be ranked and selected by score by region at the discretion of USA Archery.

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<sup>&</sup>lt;sup>1</sup> USA Archery outdoor state or outdoor JOAD state championships.



## MQS - Recurve Men

	144 Arrow Round		72 Arrow Round	
MALE AGE CATEGORY	DISTANCE	MQS	DISTANCE	MQS
Cub (Age 13-14)	50M	1000	50M	500
Cadet (Age 15-17)	60M	1000	60M	500

#### **MQS - Recurve Women**

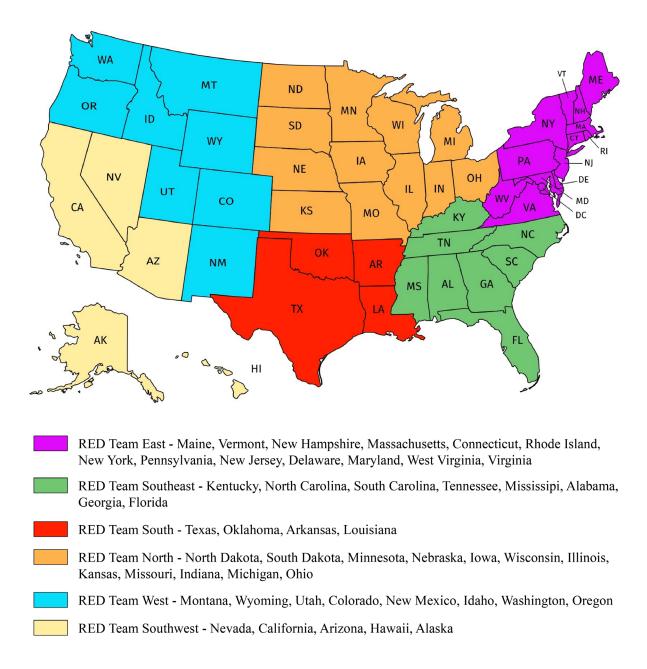
	144 Arrow Round		72 Arrow Round	
FEMALE AGE CATEGORY	DISTANCE	MQS	DISTANCE	MQS
Cub (Age 13-14)	50M	1000	50M	500
Cadet (Age 15-17)	60M	1000	60M	500

After all applications have been reviewed, a final selection will be made (based on score) to determine who will receive invitations to join the RED Program in each region. Alternates may also be appointed by region and invited to a RED Program camp within the calender year if a position becomes available.



## Regions

RED regions will be divided as follows.



### Pricing

There is a fee to attend each RED Camp. There will be at least two RED camps each region in 2019. RED program members will be required to attend a minimum of two camps. Camp registration will include the cost of coaching, lodging, local transportation, and meals.



# 2019 RED Program Application

Please review the selection criteria and return a completed application to <a href="mailto:lmalavasi@usarchery.org">lmalavasi@usarchery.org</a>.

The deadline for this application is February 28, 2019.

Section 1	(Applicant	<b>Information</b>	):

Applicant	Name:		Male Female	
Home Ph	one:	Cell Phone:		
Date of B	irth: E-Ma	ail Address:		
USA Arc	hery Member Number:			
Currrent A	Age:			
Indicate to	o which RED Region you are appliy	ring:		
N	ED Team East - Maine, Vermont, N ew York, Pennsylvania, New Jersey ED Team Southeast - Kentucky, No	y, Delaware, Maryland, Wo	est Virginia, Virginia	ıa
G	eorgia, Florida			
	ED Team South - Texas, Oklahoma	, Arkansas, Louisiana		
	ED Team North - North Dakota, So ansas, Missouri, Indiana, Michigan,		ebraska, Iowa, Wisconsin, Illinois,	
	ED Team West - Montana, Wyomin	ng, Utah, Colorado, New M	Mexico, Idaho, Washington, Orego	n
□ R	ED Team Southwest - Nevada, Cali	fornia, Arizona, Hawaii, A	Alaska	
Section 2	(U.S. Citizenship Verification):			
□ Ia	nm a U.S. Citizen and can provide p	roof		
□ N.	a Lam not a U.S. Citizan (DO NO)	CCUDMIT ADDI ICATI	ON)	



# **Section 3 (Personal Coach Information, if applicable):**

Coach Name:	Coach Phone No.:	:
Coach Email:		
RED Program athletes are encouraged to information learned at camp can also be an any RED Program Camp. Please indicate by you at camp:	oplied at home. There	
<ul><li>☐ Yes, I want USA Archery to invite</li><li>☐ No, I will attend RED Program Ca</li></ul>	• -	
You must achieve the Minimum Qualifyin These scores may be obtained at any Unite events listed as State, Regional or Nationa event. Proof of obtaining the MQS must be published scores, a copy of the published records at the state of the st	ed States Archery Tear l. You may also obtain e submitted with your	n (USAT) or USA Archery sanctioned the MQS at a World Archery Sanctioned application via a link to a website of
Please list your eligible MQS below:		
I achieved the MQS below as a Cub	or Cadet	
My MQS is:		
144 Arrow Qualification Round Total Tournament Name		
Tournament Location:		Date:
72 Arrow Qalification Round Total	Distance	Target Face Size
Tournament Name Tournament Location:		Date:
My Current USAT Rank is:		
□ Cadet Rank		
☐ I do not have a USAT Rank		



# **Section 4 (Tournament Experience):**

List the results of any outdoor tournaments you attended in the year the application is being submitted.

EVENT NAME	72 Arrow Round Result	144 Arrow Round Result
Section 5 (Athlete Development Competencies for RED Program):		
Training and Exercise How often do you meet with your personal coach? Per week	Per M	onth
What is your typical training schedule?  ☐ 1-2 days a week ☐ 3-4 days a week ☐ 5-6 days a week		
Average Number of arrows shot per training session:  ☐ Less than 100 arrows ☐ 100-200 arrows ☐ 200-300 arrows ☐ More than 300 arrows		
Please indicate the type of physical fitness you practice regularly:  ☐ Cardio (run, walk) ☐ Cardio + Weight Training ☐ Other Sports ☐ None		
Current draw weight of bow:		
Leadership		
Are you a self-starter/self-motivator or do you need instructions/motiva  ☐ Self-starter ☐ Need instructions	ation from team?	



List leadership activities in which you actively participate:

Duty
Do you prefer to work as an individual or with a team?  ☐ Individual ☐ Team
Tactical
Which best describes you?  ☐ Challenges help me to grow ☐ I don't like to be challenged ☐ My efforts and attittudes depend on my abilities ☐ My potential is pre-determined ☐ Feedback is constructive ☐ Feedback and personal criticism are the same
Rate yourself on proficiency on equipment tunning in a scale from 1-5 (None – Very proficient):  1 None 2 Little Proficiency 3 Somewhat Proficient 4 Proficient 5 Very proficient
Purpose
What is your biggest goal in archery?
What is your timeline for achieving your goal?
What are some of the intermediate goals you need to accomplish to achieve your long-term goal?



ion 6 (Reason for applying and why you should be selected):	
ain why you want to apply for the Regional Elite Development Progreted for a position (use additional pages if needed):	ram and why you should be
Parent/Legal Guardian's Signature:	Date:
Archer's Signature:	Date: